

the PREPAREDNESS *minute*

A MONTHLY FLIER

MAR 2008 | ISSUE 3

My Family Member
 mary jane
 (Write Family Member name above)

Date of Birth: 02-16-1998
 Relation to ME: daughter
 Home Phone: 801-234-567
 Cell/Other Phone: 801-234-569
 Eye Color: hazel
 Hair Color: brown
 Height/Weight: 4'7" / 90

Home Address: 123 STREET Pleasant Grove, UT 21002
 Email: maryjane@123.com
 W/S Address: 1234 SCHOOL STREET Pleasant Grove, UT
 W/S Phone: 801-234-5678
 W/S Evacuation Route: NORTH WEST OF Hill climb



Family Plan Packet
 Pick up **ONE** Family Plan Packet per family. Includes spaces for pictures, contact info, addresses for all of your family members along with City, County & State numbers.

Cost: FREE!

Packets will be available throughout March, pick one up for anyone you may know in *OUR* neighborhood. If you want to share with friends, download it from PGWard.org

How to teach Children!

In preparing your children for emergencies, consider the effect that exposure to repetitive media and news reports of real disasters may have on your children. You may wish to limit such exposure to

reduce stress and anxiety. The Federal Emergency Management Agency website (www.fema.gov/kids) has some wonderful material to assist children in learning more about disaster preparedness. They have a program on the website called becoming a

✳ Got a Family Plan? ✳

"You shall set in order your own house" (D&C 93:43)

FROM PROVIDENT LIVING

Another vital aspect of providing for the material needs of our families is the provision you should be making for your family in case of an emergency. (Ezra Taft Benson, Ensign, Nov 1987)

Besides emergency **supplies**, your **family should have a plan** for how to respond to any emergency. Take time to discuss and practice for emergency situations with your family. Have fire or earthquake drills so that children will all know how to safely exit your home and where to gather. In planning, consider what would happen if a parent or another family

member were not at home during an emergency. Would the family members at home be able to respond to the emergency? Responsibilities for emergency response should be divided and often duplicated among family members so that regardless of who is at home, the family will still be able to respond properly. You should have a **plan** for how family members will **contact** one another if the family is scattered during the emergency. This may include having a prearranged **meeting place**, a **code word**, or a **relative's phone** number.

"Disaster Action Kid".
 ProvidentLiving.org

Finally, help your family to know that if they are prepared, they need **not fear** emergency situations.